

**AGING SERVICES/
SENIOR CENTERS**

Lincoln Trail Area Agency on Aging and Independent Living
613 College Street Road, P.O. Box 604
Elizabethtown, KY 42702-0604
Phone: (270) 769-2393 or (800) 264-0393
Fax: (270) 769-2993
WEB: www.ltadd.org

The Area Agency on Aging is the regional planning and administration agency for the Older Americans Act and Kentucky Aging Programs. The Agency provides information on area resources and contracts for delivery of a variety of programs for the elderly, including home and community services. Agency also provides Benefits Counseling to include assistance with accessing and interpreting benefits/resources.

SUPPORT PROGRAMS - Service provided to people 60 and older include: congregate meals, home-delivered meals, in-home services, disease prevention and health promotion and Elder Abuse Prevention. Many services are provided through local senior centers.

***STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)** - Information and assistance services are available through a network of counselors and referral sources. Health insurance and benefits information is available to people who are eligible for Medicare.

***HOMECARE** - In-home services for individuals 60 and older with functional disabilities who are at risk for requiring long-term, institutional care include: Personal care; home management; home health aide; home-delivered meals; home repair; help with household chores; respite; escort; and case management and assessment.

***CONSUMER DIRECTED OPTION (CDO)** - The consumer directed option allows eligible Medicaid waiver members to chose their own providers for non-medical services.

*** HOME MODIFICATION:** Wheel chair accessible ramps are provided for qualified individuals. Repair Affair provides home repair for qualified home owners. As all work is by volunteers and man-power is limited, applications are required.

*** IN-HOME MENTAL HEALTH**

*** IN-HOME RESPITE**

*** INFORMATION AND REFERRAL**

*** LEGAL ASSISTANCE**

*** MEALS - CONGREGATE AND HOME DELIVERED**

*** Nursing home LONG-TERM CARE OMBUDSMAN** - The Kentucky Long-Term Care Ombudsman program advocates for residents of nursing homes, personal care homes and family care homes.

*** OUTREACH**

*** PERSONAL CARE ATTENDANT PROGRAM** - Attendant services are provided for people 18 and older with functional loss of two or more limbs and who have the ability to hire and supervise an attendant.

*** RESPITE**

*** TRANSPORTATION**

*** FAMILY CAREGIVER SUPPORT PROGRAM**

The Family Caregiver Support Program addresses the needs and concerns of people, age 60 and over, and their families. It specifically recognizes the needs of the family caregiver and addresses those needs by offering a wide-range of direct temporary services, including: respite (scheduled breaks for caregivers), support and counseling, information and assistance, caregiver education/training, and various supplemental services to aid caregivers. The program also provides support to grandparents over the age of 60 raising grandchildren under the age of 18.

ELIGIBILITY:

1. Anyone caring for an individual aged 60 and over.
2. Grandparent/relative caregiver, aged 60 and over, caring for a grandchild/minor relative under the age of 18.

SERVICE AREA: Breckinridge, Grayson, Hardin, LaRue, Meade, Marion, Nelson, and Washington counties.

OFFICE HOURS: 8:00 AM - 4:30 PM (Monday-Friday)

LINCOLN TRAIL SENIOR CITIZENS CENTERS

SERVICES: Social and Recreational Programs, Outreach, Information, and Referral. Apply at senior center.

ELIGIBILITY: Persons 60 years of age and older or spouse of a person aged 60 or the disabled adult child of an eligible participant.

FEES: Donations are accepted for meals and transportation as this is a Federal program based on donations.

BRECKINRIDGE COUNTY

Hardinsburg Senior Citizens Center
St. Romuald Parish Hall, 394 N. Hwy 259
Hardinsburg, KY 40143
Phone: (270) 756-5668

GRAYSON COUNTY

Grayson County Senior Citizens Center
102B Watkins Woods Drive
Leitchfield, KY 42754
Phone: (270) 259-4885

HARDIN COUNTY

Griffin Manor Senior Citizens Center
1119 Johnstown Road
Elizabethtown, KY 42701
Phone: (270) 982-2909

Radcliff Senior Center
Colvin Community Building
230 Freedom's Way
Radcliff, KY 40160
Phone: (270) 351-4079

Senior Centers (continued)

LARUE COUNTY

LaRue County Senior Citizens Center
112 N. Walters Avenue
Hodgenville, KY 42748
Phone: (270) 358-4235

MARION COUNTY

Bradfordsville Senior Citizens Center
Main Street
Bradfordsville, KY 40009
Phone: (270) 692-6591

Lebanon Senior Citizens Center
110 W. Mulberry Street
Lebanon, KY 40033
Phone: (270) 692-6591

Loretto Senior Citizens Center
St. Francis School
Lebanon, KY 40037
Phone: (270) 692-6591

MEADE COUNTY

Meade County Senior Citizens Center
1200 Old Ekron Road
Brandenburg, KY 40108
Phone: (270) 422-3497

NELSON COUNTY

Bardstown Senior Citizens Center
509 N. 4th Street
Bardstown, KY 40004
Phone: (502) 349-0516

Bloomfield Senior Citizens Center
155 Arnold Lane
Bloomfield, KY 40008
Phone: (502) 349-0516

New Haven Senior Citizens Center
Hometown Apts.
365 Fifth Street
New Haven, KY 40051
Phone: (502) 549-6501

WASHINGTON COUNTY

Washington County Senior Citizens Center
206 South Cross Main
Springfield, KY 40069
Phone: (606) 336-0909

Central Kentucky Retired & Senior Volunteer Program (RSVP)

1111 N. Dixie Box N

Elizabethtown, KY 42701

Phone: (270) 737-0669 or (866) 275-5772

Fax: (270) 234-8764

Email address: ckrsvp@kvnet.org

OFFICE HOURS: 8:30 AM - 4:00 PM EST

SERVICES: Through RSVP, volunteers match their talents, creativity, wisdom and experience to community needs. It is part of the National Senior Service Corps, the national network for senior service where men and women from all walks of life can put their life experiences to work in their communities.

SERVICE AREA: Hardin, LaRue, and Nelson counties.

ELIGIBILITY: Anyone over the age of 55. Referrals can be made from anyone; agencies needing volunteers, people wanting to volunteer, social workers, families, etc.

Senior Companion Program (SCP)

201 E. Flaget Avenue

Bardstown, KY 40004

Phone: (502) 348-0099

Fax: (502) 348-8406

Email address: ahodgens@ckcac.org

lbarnes@ckcac.org

SERVICES: Light house cleaning, short distance transportation, companionship, and respite. These services are provided by volunteers at no charge to eligible clients.

SERVICE AREA: Breckinridge, Grayson, Hardin, Nelson, Marion, and Washington counties.

ELIGIBILITY: Volunteers- individuals 55 years old or over, on a fixed 'low' income, physically able to provide in-home assistance or short distance transportation. Volunteers receive \$2.65 per hour (tax free), and mileage reimbursement.

Clients- need to be 21 years old or over and have one or more physical, mental or emotional need.

Department for Aging and Independent Living
275 East Main Street, 3W-F
Frankfort, KY 40621
Phone: (502) 564-6930
Fax: (502) 564-4595
TTY: (888) 642-1137

The Kentucky Department for Aging and Independent Living (DAIL) oversees and monitors the administration of programs and services at the local and regional level, establishes policy and advocates on behalf of Kentucky's elders and people with disabilities. DAIL works to support and enhance freedom of choice and independence.

In partnership with Kentucky's fifteen (15) Area Agencies on Aging and community partners to provide needed services and programs, DAIL is focused on addressing issues and circumstances that stand in the way of elders and people with disabilities achieving the best possible quality of life.

Provides general information on services and programs across the Commonwealth.

Lifeline Home Care, Inc.
300 West Dixie, Suite 14
Elizabethtown, KY 42701
Phone: (270) 360-8227
Fax: (270) 360-9157

OFFICE HOURS: 8:00 AM - 4:30 PM (Monday thru Friday)

SERVICES: Direct services of the Kentucky HomeCare Program and private duty sitter services. 24-hour care, Homemakers-companions, and private duty - home/hospital.

SERVICE AREA: Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, and Washington counties.

ELIGIBILITY: Determined by the Kentucky HomeCare Program.

FEES: Sliding fee scale for HomeCare services.

Mom's Meals
P.O. Box 297
Nevada, Iowa 50201
Customer Service: 1(866) 204-6111
(8 am to 5 pm CST Monday through Friday)
Email: info@momsmeals.com
Fax: (515) 382-3789

Mom's Meals is a USDA approved and inspected fresh food preparation and delivery business dedicated to providing great tasting, nutritionally sound, FRESH meals to its customers. Meals are prepared, packaged and shipped, ready to heat meals to a customer's doorstep throughout the United States.

Customers can choose from over 35 different meals (over 30 diabetic) and have them delivered to their door. Utilizing approved USDA technology, food remains fresh for 14 days in the refrigerator.

Mom's Meals is the provider for the Lincoln Trail Home Delivered Meals.

Social Security Administration
591 Westport Road
Elizabethtown, KY 42701
Phone: (866) 596-7123 TTY: (270) 769-0393
Toll Free: (800) 772-1213
Web: www.socialsecurity.gov

OFFICE HOURS: Monday – Friday, 9:00 a.m. – 3:30 p.m. EST

SERVICES: Take and process all claims for Social Security and Supplemental Security Income Benefits; process applications of Social Security Cards; ensure continuance and correct information of records after benefits have started.

SERVICE AREA: Hardin, Bullitt, Grayson, LaRue, Nelson, and Meade counties.

ELIGIBILITY: Age, disability, or blindness requirements, numerous entitlements with various eligibility requirements.

FEES: None