

## **MENTAL HEALTH SERVICES**

**Alcohol/Drug Abuse Recovery Center**  
**Phone: (270) 765-5145**

**OFFICE HOURS:** 24 Hours per day

**SERVICES:** To provide the first step in helping an individual attain and maintain freedom from alcohol and other drugs through a 30 day inpatient program. Education, self-help groups, individual and group therapy, and family counseling, outpatient services, DUI treatment.

**SERVICE AREA:** Lincoln Trail Area and outreach throughout the U.S.

**ELIGIBILITY:** Anyone who suffers from alcohol or drug dependency.

**FEES:** Services are covered by most major insurance companies, Medicaid & Medicare. A sliding fee scale also offers another payment option.

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**Communicare**

**OFFICE HOURS:** 8:30 AM - 5:00 PM (Monday-Friday). Some evening hours.

**SERVICE AREA:** Clinics located in Breckinridge, Grayson, Hardin, Marion, Meade, Nelson, and Washington counties.

**ELIGIBILITY:** No requirements.

**FEES:** Many services are covered by insurance, Medicaid, or other third party payor. Sliding fee scale, based on income, for those without insurance.

**Adult Crisis Stabilization Unit**

100 Gray Street

Elizabethtown, KY 42701

Phone: (270) 737-1360

Fax: (270) 737-1920

8-bed, short-term, crisis stabilization unit offers psychosocial and psychiatric assessment for consumers with mental health difficulties that cannot be managed in their home environment. Individual and group therapy is available daily, along with case management and medication management, as needed.

**Clinic Services**

For new appointments call: 888-344-8066

This service is available for persons of all ages who are experiencing emotional difficulties. The outpatient clinics offer individual and group therapy, drug/alcohol counseling, family and marital counseling.

## **Communicare Services (continued)**

### **Consumer Directed Option (CDO)**

Support Brokerage services are now being offered by Communicare for Kentucky Medicaid Waiver members. CDO allows members to choose who provides their non-medical waiver services which allows them greater freedom of choice, flexibility, and control over their supports and services. Members can choose to direct all or some of their non-medical waiver services. For more information, contact: Dion Merriman, Regional Manager - Waivers  
Communicare Inc., 320 Ring Road, Elizabethtown, KY 42701 (270)769-3377

### **Early Intervention Program (EIP)**

Phone: (270) 765-2605 ext. 1405

Fax: (270) 737-2293

Office Hours: 8:30 AM – 5:00 PM, others by appointment

**SERVICES:** The Early Intervention Programs in Kentucky serve youth through collaboration with the Court Designated Worker Program and through court referrals. Youth, age 12-17, who have drug or alcohol related offenses are eligible for services. A variety of tools are used to place each youth in the appropriate prevention education curriculum, or to refer them for further assessment. If a youth demonstrates the need for education, those services will be provided by the Early Intervention Specialist. Youth needing treatment for chemical dependency will be given appropriate referral options, which may include clinical assessment and group or individual counseling.

**FEES:** Fees are self-pay as determined by Kentucky Revised Statute

**SERVICE AREA:** Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, and Washington

### **KIDS NOW**

Phone: (270) 765-2605

Fax: (270) 737-2293

Office Hours: 8:30 AM – 5:00 PM, others by appointment

**SERVICES:** KIDS NOW is a Communicare program concerned with preventing drug and alcohol affected babies. Staff collaborates with a variety of community agencies in order to identify women to invite to universal prevention services, which are open to all pregnant or up to 60 days-postpartum women.

**FEES:** Services are covered by Medicaid

**SERVICE AREA:** Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, and Washington counties

### **Mental Retardation/Developmental Disabilities Division**

320 Ring Road

Elizabethtown, KY 42701

Phone: (270) 769-3377

Provide services to individuals with a mental retardation diagnosis or who have developmental disabilities.

## **Communicare Services (continued)**

### **Mental Health Case Management Services**

1311 N. Dixie Avenue, Bldg. D

Elizabethtown, KY 42701

Phone: (270) 769-1304

Provide counseling, supervisory work with families, and home support counseling. Referrals through physicians, hospitals, and families.

### **Regional Prevention Center**

Phone: (270) 765-5992

Fax: (270) 737-2293

OFFICE HOURS: 8:30 AM - 5:00 PM

SERVICES: Prevention of Alcohol, Tobacco, and other drug problems. Adult & Youth Prevention Services, Community Mobilization Services, Prevention Information Services, Training of Trainers, Training of Impactors, Community Consultation Services, Multi-media Resources available for lending

SERVICE AREA: Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, and Washington counties.

### **Therapeutic Rehabilitation**

1311 N. Dixie Avenue, Building B

Elizabethtown, KY 42701

Phone: (270) 769-1304

This is an intensive day treatment program which permits people to maintain daily contact with family, employers and their community. The client is treated in a supportive situation with the help of skilled professionals.

### **Zero Tolerance Program (ZT)**

Phone: (270) 765-2605 ext. 1405

Fax: (270) 737-2293

Office Hours: 8:30 AM – 5:00 PM, others by appointment

SERVICES: In October of 2000, a new component of the EIP was established. The Zero Tolerance (ZT) Program is for young persons under the age of 21 charged with driving with a blood-alcohol content of .02-.08. The young person must follow through with the recommendations of both their court agreement and the EIP, which includes paying all fees or attending a treatment program if required

FEES: Fees are self-pay as determined by Kentucky Revised Statute

SERVICE AREA: Breckinridge, Grayson, Hardin, LaRue, Marion, Meade, Nelson, and Washington

**J. P. Interventions, Inc.**  
**110 Village Drive**  
**Elizabethtown, KY 42701**  
**Phone: (270) 763-0728**  
**Fax: (270) 763-9618**

We provide outpatient counseling for children, adolescents and adults of all ages. Our services include assessment, individual, group and family therapy, psycho-educational classes, referral for inpatient treatment and follow-up aftercare and consultation services.

**OFFICE HOURS:** Monday - Friday: 9:00 am - 4:30 pm  
Some appointments available in the evenings

**SERVICES:** Court-ordered services include:  
Family and Couples Counseling  
Substance Abuse assessments and treatment  
Services available without court order include the above and additionally available are:

- Parenting education
- Blended ("step") family counseling
- Grief and loss counseling
- Job and school-related problems
- Stress management
- Anger management
- Impact plus-counseling for children on Medicaid
- Safe kids program
- Marital and divorce counseling
- Counseling for sexual and physical victimization
- Many other issues are treated as resources are available

**SERVICE AREA:** Available to anyone within traveling area.

**ELIGIBILITY:** Call for information.

**FEES:** Many insurances accepted. Call for information.

**Lincoln Trail Behavioral Health System**  
**3909 South Wilson Road**  
**Radcliff, KY 40160**  
**Phone: (270) 351-9444**  
**Outpatient Clinic: (270) 351-8976**  
**Toll Free: (800) 274-7374**  
**Fax: (270) 351-0400**  
**Email: info@lincolnbehavioral.com**  
**www.lincolnbehavioral.com**

Lincoln Trail Behavioral Health System is a 140-bed facility situated on a beautifully landscaped, 20 acre campus.

**AVAILABILITY:** Free, confidential assessment 24 hours a day/7days a week.

**SERVICES:** We provide Inpatient, Traditional Outpatient Programs for children, adults, adolescents and children with psychiatric and chemical dependency issues. Lincoln Trail Behavioral Health System also has the Willows Program for sexually reactive adolescent females ages 9 – 17.

We also have Individual therapy, group therapy and couples therapy, and Medication Management for children, adolescents and adults at our outpatient clinic at 750 W. Lincoln Trail Blvd. in Radcliff. For further information about our Traditional Outpatient services, please call 270-351-8976.

**SERVICE AREA:** Entire Commonwealth of Kentucky.

**ELIGIBILITY:** Children 6-8, Adolescents 9-17, Adults 18 years and older.

**FEES:** Covered by most major insurance companies, as well as Tricare, Medicare, & Medicaid (up to age 21).

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**PASSAGES**  
**615 Westport Road**  
**Elizabethtown, KY 42701**  
**(270) 737-6449**

**SERVICES:** Women's Transitional Housing Program, involving subsidized housing (11 units) for chemically dependent women located in Hardin County. Admission criteria includes: Kentucky resident over the age of 18; homeless; have demonstrated self-acknowledgment of a chemical dependency problem; a limited annual income; have received chemical dependency treatment within the past six months prior to application, and have maintained 30 days of sobriety prior to admission. An on-site caseworker is assigned to assist with educational sessions to help clients continue with a healthy drug/alcohol free lifestyle.

**SERVICE AREA:** State of Kentucky

**Rivendell Behavioral Health Services  
Psychiatric Inpatient & Outpatient Services  
1035 Porter Pike Road  
Bowling Green, KY 42103  
Phone: (270) 843-1199  
Toll Free: (800) 548-2621  
Fax: (270) 782-9996**

**OFFICE HOURS:** Administration 8:30 AM - 5:00 PM (Monday-Friday)  
Hospital - 24 hours a day/7 days a week

**SERVICES:** Inpatient & Outpatient psychiatric care for:  
Children: 5-12  
Adolescents: 13-17  
Adults: 18 and older  
Alcohol/CD Program for Adolescents ages 13-17.

**SERVICE AREA:** State of Kentucky

**ELIGIBILITY:** Based on assessed need, assessment done free of charge.

**FEES:** Most insurances are accepted, as well as Medicaid & Medicare.

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**VNA Nazareth Home Health  
711 McDowell Blvd.  
Bardstown, KY 40004  
Phone: (502) 349-5500  
Toll Free: (800) 633-9844**

**SERVICES:** In-home mental health services.  
Registered Nurse, Medical Social Worker, Home Health Aide, laboratory services and medical supplies.

**SERVICE AREA:** Marion, Meade, Washington, Nelson, Hardin, Breckinridge and LaRue

**ELIGIBILITY:** Service specific, payor specific, age 60 +.

**FEES:** Services offered regardless of ability to pay.